

Donate Now - Every Dollar Helps Feed Eight Hungry People

While donating food to **Dish It Up** is a great hands-on volunteer experience and an activity that families can participate in together, your cash donations can go even further. A food bank or pantry can purchase food in bulk at a much greater discount than retail price. When you make a cash contribution to **Dish It Up**, your contributions benefit local food banks and hunger programs.

The easiest way to make a cash donation to **Dish It Up** is with our online form found at the link below. You will be immediately given a receipt and able to claim your donation as tax deductible - not to mention the fact that each dollar you give helps provide eight meals to people in need.

Donate now by going to <https://www.pioneersvolunteer.org/donations/Default.aspx> and click the radio button next to "I want to make a donation to **Dish It Up**."

A \$100 donation, in honor of 100 years of service, volunteerism and philanthropy, will help provide a meal to 800 hungry people.

100 Years Means Hundreds of Dish It Up Projects

Dish It Up projects are taking place all across North America. The following states and provinces have committed to efforts which aim to feed one million people: Alabama, Alaska, Arkansas, California, Florida, California, Colorado, Florida, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Jersey, New Mexico, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin, Wyoming, New Brunswick, Newfoundland, Nova Scotia and Saskatchewan.

Food security is defined as existing "when all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life." Food insecurity occurs when:

1. Sufficient quantities of food are not available on a consistent basis.
2. People don't have the resources to obtain appropriate foods for a nutritious diet.
3. Knowledge of basic nutrition and care, as well as adequate water and sanitation, are lacking.

Please help address this issue by volunteering your time, donating food, or donating money to the **Pioneers Dish It Up** project.



Help Pioneers Feed One Million People

contact us



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Facsimile: 303-572-0520
info@pioneersvolunteer.org
www.pioneersvolunteer.org

upcoming events

To find Pioneers-driven community service projects and events going on in your local area and across the US and Canada, please visit <https://pals.pioneersvolunteer.org/VM/index.aspx>

Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

AT&T

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Nola Adams
Sharon Adams
Shaun Adeoye
Catherine Adkins
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Eleanor Ahlstrom
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Phyllis Anderson
Alice Andrade
Alice Andrews
Ellen Armstrong
Sandra Atherton
Diane Austin
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L. Barfield
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Myrna Barron
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Teresa Baxter
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Billie Bowling
Nona Bowling
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I. Brown

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Linda Brumley
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Kris Buss
Wes Buss
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Robert Cahoon
Hazel Caldwell
Yolanda Calleja
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J. Canady
Lois Carmona
Richard Carmona
Felicia Carter
Denise Caruso
Patricia Caruso
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Esther Ceglowski
Benjamin Chavez
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Carol Christensen
Pamela Clapper
Ouida Collins
Peggy Collins
Sharen Condley
Tricia Conte
Susan Conway
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Fay Corley
Evelyn Cowan
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Shirley Craig
Etoile Crain
Leona Cumbie
Rose Daniel
Albert Daspit
Cheryl Daughtry
Sandra Davidson
Corrine Davis
Marjorie Davis
Melinda Davis
Janice Dawson
Hazel Day
Marion Day
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Sally Deleenheer
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Harold Dobratz

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Lloyd Drais
Johnette Drayton
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Freda Dudley
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Barbara Dunlap
Hazel Duntley
Gary Dusenberry
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Donna Ellis
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Gena Gibson
George Gibson
T. Gibson
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Gloria Glenn
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Dolores Gonzalez
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G. Gorley
Ethel Gough
Gloria Grabowski
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Valerie Green
Daryl Grier
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Margaret Gross
Debbie Guerra
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Patricia Gulley
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Joe Holbert
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Gaye Hughes
Patricia Hughes
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Sheila Hull
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Juanita Hunt
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Clark Johnson
Hazel Johnson
Peggy Johnson
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Glenn Matson
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Virginia Mayo
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Donna Mccardell
Rosalie Mccaw
William Mccaw

Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

Annie Mccrimmon
Teresa Mcdaniel
Jimmy Mcelreath
Rita Mcgill
Shirley Mckinney
Laouida Mcknight
Frances Mcnair
Maxine Mcnatt
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Marcia Meyers
Alice Mikolay
Joseph Mikolay
Toni Miller
Larri Milligan
Elizabeth Mills
Joann Mize
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Doyle Mote
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Kina Williams
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Lois Beedle

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William Boon
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Carolyn Brown
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Arleta Cantrell
Michael Ceballos
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